

**TRAINING GUIDE FOR THE SPIRITUALITY IN
PALLIATIVE AND END-OF-LIFE CARE CURRICULUM**
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**THE SPIRITUALITY IN PALLIATIVE AND END-OF-LIFE CURRICULUM
CAN BE DOWNLOADED USING THE FOLLOWING ADDRESS:**
www.growthhouse.org/spirit

Components of the Curriculum

The following are the components of the Spirituality in Palliative and End-of-Life Care Curriculum.

- 1) Training Guide (this document - how to use these educational materials).
- 2) Spiritual Care as a Fundamental Component of Quality Palliative Care Gets a Major Boost (article by Hillel Bodek, MSW, LCSW-R, BCD).
- 3) *Improving the Quality of Spiritual Care as a Dimension of Palliative Care: The Report of the Consensus Conference* Puchalski, C., et al., Consensus report on spirituality in palliative care, Journal of Palliative Medicine, 2009, Vol. 12, No. 10 (Distributed with permission of Mary Ann Liebert, Inc., Publishers).
- 4) *Spirituality in Palliative and End-of-Life Care* (PowerPoint Presentation with teaching notes).
- 5) Spirituality in Palliative and End-of-Life Care (pdf version of the PowerPoint Slides without teaching notes).
- 6) Spirituality Questionnaire for Clergy.
- 7) Spirituality Questionnaire for Health Care Professionals.
- 8) Spirituality Training Module Pre and Post Tests (pre-test and post-test to evaluate trainee learning).
- 9) Spirituality Training Module Tests Answer Key (answer key for the pre-tests and post tests).
- 10) Hillel Bodek, MSW, LCSW-R, BCD interviewed by Les Morgan of Growth House - July 14, 2010 (.avi file)
- 11) All if the above ten (10) files condensed in a zip file.

Utilizing These Educational Materials

These materials are able to be used as a self-taught curriculum as well as a curriculum that can be used to train clergy and health care professionals in groups.

Suggested Way of Using these Materials as a Self-Teaching Tool

- 1) Review *Spiritual Care as a Fundamental Component of Quality Palliative Care Gets a Major Boost* (article by Hillel Bodek, MSW, LCSW-R, BCD).
- 2) Review *Improving the Quality of Spiritual Care as a Dimension of Palliative Care: The Report of the Consensus Conference*: Puchalski, C., et al., Consensus report on spirituality in palliative care, *Journal of Palliative Medicine*, 2009, Vol. 12, No. 10 (Distributed with permission of Mary Ann Liebert, Inc., Publishers).
- 3) Complete the appropriate Spirituality Questionnaire-Exercise (for clergy or for health care professionals).
- 4) Take the Pre-Test.
- 5) (optional) Listen to interview of Hillel Bodek, MSW, LCSW-R, BCD by Les Morgan of Growth House .- July 14, 2010 (.avi file).
- 6) If you have PowerPoint review the slides with teaching notes (ignore slides 55, 56 and 57, the spiritual questions exercise which require a group).
- 7) If you don't have PowerPoint use the pdf version of the slides (ignore slides 55, 56 and 57, the spiritual questions exercise which require a group).
- 8) After completing the review of the slides (PowerPoint or pdf) take the Post-Test.
- 9) Using the Spirituality Training Module Tests Answer Key check out the answers on the Pre-Test and Post-Test to see how well you learned the material.

**Suggested Way of Using these Materials
as a Teaching Tool For Trainees**

- 1) Have the trainees review *Spiritual Care as a Fundamental Component of Quality Palliative Care Gets a Major Boost* (article by Hillel Bodek, MSW, LCSW-R, BCD).
- 2) Have the trainees review *Improving the Quality of Spiritual Care as a Dimension of Palliative Care: The Report of the Consensus Conference*: Puchalski, C., et al., Consensus report on spirituality in palliative care, *Journal of Palliative Medicine*, 2009, Vol. 12, No. 10 (Distributed with permission of Mary Ann Liebert, Inc., Publishers).
- 3) Have the trainees complete the appropriate Spirituality Questionnaire-Exercise (for clergy or for health care professionals).
- 4) Have the trainees take the Pre-Test.
- 5) (optional) Have the trainees listen to the Interview of Hillel Bodek, MSW, LCSW-R, BCD by Les Morgan of Growth House - July 14, 2010 (.avi file).
- 6) If you have PowerPoint review the slides with teaching notes (if there is time do the exercise using slides 55, 56, 57 as directed in the teaching notes accompanying slide 55).
- 7) If you don't have PowerPoint, use the pdf version of the slides [if there is time to do the exercises using the spiritual questions on slides 55, 56 and 57 - Count off the participants by threes. The ones will be the patient. The twos will be the clinician. The threes will be a family member. Assign one of the spiritual questions (from this slide 55, 56, or 57) a different question to each group and have them role play for 20 minutes. Then reconvene the groups and have each of them report on how their spiritual question was addressed/resolved].
- 8) After completing the review of the slides (PowerPoint or pdf version) and the spiritual question role play exercises if done, have the trainees take the Post-Test.
- 9) Using the Spirituality Training Module Tests Answer Key check out the answers on the Pre-Test and Post-Test to see how well the trainees learned the material.