

## SPIRITUALITY MODULE TEST - CORRECT ANSWERS

1. Which of the statements below is correct?
- a. Spirituality is usually poorly developed in persons who are not religious
  - \*\*\*\* b. Spirituality impacts on the quality of life for chronically ill patients
  - c. Addressing spiritual issues should be left to the patient's religious advisor
  - d. Persons who are religious and pray daily rarely experience spiritual pain
2. Elements of spirituality include:
- 1. the patient's values and beliefs
  - 2. the patient's assumptive world
  - 3. the patient's relationships
  - 4. the nature of the patient's illness
- a. 1, 3 and 4
  - \*\*\*\* b. 1, 2 and 3
  - c. 1, 2 and 4
  - d. 2, 3 and 4
3. In addressing issues of spiritual pain a clinician or chaplain should:
- a. advise the patient to pray regularly so that his/her spiritual pain will end
  - b. educate the patient about spiritual pain so that the patient understands that this is a normal part of dying that he/she will adjust to
  - c. at the outset urge the patient to repent for any wrongdoings he/she has committed so that he/she will no longer be worried about death
  - \*\*\*\* d. gently explore the patient's spiritual issues and elements of his/her spirituality using open ended questions and listen to what the patient has to say
4. In addressing a patient's spiritual questions, the clinician or chaplain should:
- a. quickly provide theologically sound answers
  - b. encourage the patient to pray for guidance so that God may supply the answers to his/her questions
  - \*\*\*\* c. explore the patient's views and listen for the latent content of his/her questions
  - d. inform the patient that having these questions is normal and that he/she should not dwell on these questions or be concerned about them

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